

# The W.H.O.L.E. Gang Weekly Menu

| January             | February            | March               | April               | May                 | June                | July                | August | September | October | November | December |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|--------|-----------|---------|----------|----------|
| <b>Sunday</b>       | <b>Monday</b>       | <b>Tuesday</b>      | <b>Wednesday</b>    | <b>Thursday</b>     | <b>Friday</b>       | <b>Saturday</b>     |        |           |         |          |          |
| Breakfast           | Breakfast           | Breakfast           | Breakfast           | Breakfast           | Breakfast           | Breakfast           |        |           |         |          |          |
|                     |                     |                     |                     |                     |                     |                     |        |           |         |          |          |
|                     |                     |                     |                     |                     |                     |                     |        |           |         |          |          |
| Lunch               | Lunch               | Lunch               | Lunch               | Lunch               | Lunch               | Lunch               |        |           |         |          |          |
|                     |                     |                     |                     |                     |                     |                     |        |           |         |          |          |
|                     |                     |                     |                     |                     |                     |                     |        |           |         |          |          |
|                     |                     |                     |                     |                     |                     |                     |        |           |         |          |          |
| Dinner              | Dinner              | Dinner              | Dinner              | Dinner              | Dinner              | Dinner              |        |           |         |          |          |
|                     |                     |                     |                     |                     |                     |                     |        |           |         |          |          |
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|                     |                     |                     |                     |                     |                     |                     |        |           |         |          |          |
|                     |                     |                     |                     |                     |                     |                     |        |           |         |          |          |
| <b>Event</b>        | <b>Event</b>        | <b>Event</b>        | <b>Event</b>        | <b>Event</b>        | <b>Event</b>        | <b>Event</b>        |        |           |         |          |          |
| Minute Meal /reheat | Minute Meal /reheat | Minute Meal /reheat | Minute Meal /reheat | Minute Meal /reheat | Minute Meal /reheat | Minute Meal /reheat |        |           |         |          |          |